Managing the Agile Process of Human-Centred Design and Software Development

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Abstract. The paper provides and discusses a life cycle model for agile software development methods like SCRUM. The process model integrates the idea of Human-Centred Design (HCD) into the agile approach. Based on the discussion of existing life cycle models and known process patterns a process model is discussed that combines the advantages of HCD and SCRUM. The SCRUM process model was used in the discussion to be as concrete as possible. However, the suggested approach is applicable to other agile process models as well.

1 Introduction

It is generally accepted that software should be developed in an iterative way because otherwise it is difficult to capture all requirements in a sufficient way. Even that the classical waterfall model has some advantages for the definition of milestones it is agreed that the spiral model of Boehm and the agile software development together with formative evaluation methods provide better software quality in the sense of usability and user experience.

2 Related Work

Agile software development has become popular since the late 1990’s. It became popular because many projects failed because it took too much time from finalised requirements specification to first tests of the developed system. The approach was consolidated by a manifesto at the beginning of ten 2000’s [1] that characterises the agile idea by twelve main principles that have to be followed.

Figure 1 gives additionally an overview of influences to agile software development. It presents approaches from planning, analysis, design, build, test deploy and review that found their way into agile development methods.
Currently, one of the most popular agile software development approaches is SCRUM, which will be revisited in the following paragraph.

### 2.1 Agile Software Development - SCRUM

To make things more concrete we focus on one specific agile development method. One of the most popular methods is SCRUM [9]. Therefore we will focus on the related process models and the corresponding terminology.

Figure 2 presents the main process model for SCRUM. Based on the specified product backlog collecting all requirements for the product a sprint backlog is selected that contains all requirements that have to be implemented during the forthcoming sprint. The result is an increment of the necessary software.
2.2 Human-Centred Design (HCD)

In the same way that SCRUM is popular for software engineering experts HCD is popular for usability and user experience experts. One of the main reasons for its success is that context of use, the requirements of the users and the evaluation of design solutions play an important role. User requirements are more important than technical features that software engineers might derive. Users get what they really want.

The HCD process has been standardised by ISO 9241-210. Figure 3 gives a visual overview of the corresponding process model.

![Figure 3. The design process from ISO 9241-210– Human-centred design process (from https://thestandardinteractiondesignprocess.wordpress.com/ )](image)

At the University of Lübeck a Usability Engineering Repository (UsER) was developed [7]. It is a framework, platform and repository for an integrated and modular development of human-machine systems with the special scope of usability engineering.
UsER supports the analysis, design and evaluation of interactive systems through interrelated analysis and design entities creating a meshed specification of the system to be developed.
The repository provides a broad variety of standard or specific methods of usability engineering. It enables the process and motivates the teams for user-centered development and user interface design thinking.

UsER is in the stage of an advanced prototype that has already been applied within the industrial development of ERP systems (business applications) as well as supervisory control systems (safety critical systems). It is a modular system that allows selecting methods for analysis, design or evaluation as needed for a specific development process.
Figure 4 presents the basic process model of UsER. It extends the HCD process model by methods for modelling certain usability aspects. The icons represent certain modules that allow the specification of related models. To understand the current problem one is able to perform a user analysis and task analysis and to store the corresponding models. The context can be modelled by an organizational analysis, artifacts and/or scenarios. It is also possible to model the interconnection of different models. It can be easily seen that UsER is an appropriate tool support for HCD since it provides the essential and established methods of usability engineering like user, task and context modelling within an integrated environment.

An integrated model for HCD and agile software development was developed in [8] and will be presented in the following paragraph.

2.3 Approaches for Combining HCD and SCRUM

It was already mentioned that a combined approach for HCD and SCRUM would be appreciated by a lot of software developers because such a unified approach would give the chance to combine the advantages of both approaches. Paelke et al. [6] published the following process model and called it Agile UCD-Process. However, it is more an UCD-Process with agile software development. Nevertheless, it is a very interesting starting point.
From our point of view it is interesting to start with UCD activities. However, the requirements elicitation is only loosely coupled with the software development process. A stronger coupling was suggested by Paul et al. [9] and is presented by the following Figure.

According to this approach all created software influences the HCD process. U-SCRUM [11] is an approach with similar goals. It suggests to integrate usability
aspects into SCRUM by having two product owners and to use the concept of personas for communication. However, the process is only roughly described by necessary artifacts.

Sinah et al [10] provide a practitioner perspective to the problem. They analysed that “agile teams suffer from the additional challenge of lack of management support to UCD activities that occurred to participants”. They mention that a clear roadmap for combining both approaches is missing and that parallel tracks might help. We try to go one step forward to such a roadmap by presenting a process model in paragraph 2.5.

2.4 Process Patterns

Patterns were introduced to the computer science community by the “Gang of Four” [3]. Their collection of Design Patterns was a great success for reusing knowledge of solutions for reoccurring problems. In the meantime patterns for different domains like tasks, workflows or user interfaces were discovered and published. Sutherland et al. [13] published nine patterns related to SCRUM. We will discuss with the pattern “Yesterday’s weather” only one of them. This pattern says: “In most cases, the number of Estimation Points completed in the last Sprint is the most reliable predictor of how many Estimation Points will be completed in the next Sprint”. The other patterns are of similar kind and do not say a lot about the SCRUM process model. However, Bertholdo et al. [2] analysed projects and reports and provided patterns for agile software development that ask for consequences of the process model. The first pattern is called “Sprint Zero” and attacks the following problem: “Missing the big picture of the system in the beginning ....”. It suggests the following solution: “A short Sprint before the code implementation to define a broader view of the product, general goals, to roughly plan the next sprints and to define design principles”. This process model of Figure 5 can be seen as one variant of the consequences of this pattern.

Another pattern is called “One Sprint Ahead”. It is related to the following problem: “Making the development and the UX team synchronized, that both can collaborate and provide input to the development workflow”. There is the following suggested solution: “The UX team works at least one iteration ahead of the development team”.

The pattern “Parallel Tracks” provides the following solution: “UX or usability team work in a parallel track with the development team in order to synchronise their activities”.

The suggested process model of Figure 6 is designed according to the solution of this pattern.
3 Updated Process Model for SCRUM

The result of our studies in projects studies and literature research is the following process model.

The development process starts with a first analysis of the project context. Based on a project vision related needs are identified (pattern Sprint Zero). This activity is performed by people performing the analyst role. However, developers can perform this role as well and should be involved in the analysis process.

Based on the identified needs requirements in the form of a product backlog are identified within the next sprint. Later the development sprint produces a product increment. This development Sprint is performed in parallel to the next cycle of identification of requirements in form of a product backlog increment. The dotted arc represents the several cycles that can be performed while evaluating product increments and identifying new requirements.

The Sprint for identifying requirements (in terminology of SCRUM the identifying of the product backlog increments) follows the idea of the Human-Centred Design Process. Performing this process provides a good chance to develop software that has the necessary utilities, is usable and provides the necessary user experience.

The following Figure provides more detailed information of activities that have to be performed according to the HCD process.
Figure 7. Detailed Human-Centred Design Process of Figure 6

Based on the identified needs there has to be a plan for the activities in the forthcoming HCD-Process that allows identifying project requirements under development. The current state and context of use is analysed and represented by different models. Requirements are specified afterwards before possible solutions are produced and later evaluated. The identified requirements are collected and specified as product backlog.

We do not focus on the SCRUM development cycle because our process model is independent from details of these models. More or less each agile development cycle can be supported.
4 Summary and Outlook

The paper discussed the two widely accepted process models for Human-Centred Design and Agile Development and shows how to combine them beneficially. Additionally, there was a focus on patterns that were published in different scientific papers. They encapsulate some knowledge about the integration of usability aspects into agile software development and provided arguments for presenting an own extended process model for the integrated approach of HCD and SCRUM. Although the terminology of SCRUM was used the process model can be used in conjunction with any other agile development process. The provided solution is based on the “Zero Sprint Pattern”, “One Sprint Ahead Pattern” and the “Parallel Track Pattern”. It can be combined with the idea of having UX specialist as product owners and having UX specialists in the development team.

It might make sense to study the organisation of teams with the specific roles in more detail in the future. One consequence could be that all people acting in the development process should take part in the process of identifying needs on the project’s vision.

References


