

The login time for a password is the time taken to go from screen 2 to the success notification screen of the authentication process shown in Fig 2. The average time of successful login (L) for each condition is calculated as given below, z represents total number of successful login.

$$\frac{1}{z} \sum_{n=1}^z \text{Login time for successful login (n)}$$

3. Satisfaction: This dimension was assessed from the ratings (1- 5, 1 being highly dissatisfied to 5 being highly satisfied) given by the participants to the different aspects in the post study questionnaire- (sat1) Ease to register; (sat2) Ease to authenticate; (sat3) Meaningfulness/nameability of the image; (sat4) satisfaction with the type of image used as password. These aspects were based on some of the items in SUS (System Usability Scale) questionnaire [13].
4. Stress: This dimension was assessed from the ratings (1- 5, 1 being least stressful to 5 being highly stressful) given by the participants to the different aspects in the post study questionnaire- (str1) level of mental stress; (str2) level of physical stress; (str3) amount of effort required to choose images during registration; (str4) amount of effort required to successfully login. These aspects were based on the items in the NASA Task Load Index questionnaire [14].

5 Results

5.1 Participants

115 undergraduate participants, 30 female and 85 male, of age 20-24 took part in our experiment. They were studying different undergraduate courses: Mechanical Engineering - 22, Electrical Engineering- 19, Aerospace Engineering- 25, Computer Science- 24, Electronics and Communication Engineering- 25. Of the 115 participants who took part, 10 participants had a very low participation rate (did not follow the experimental procedure) and 5 of the participants had to withdraw due to some personal circumstances. So the participation rate was 86.9%.

5.2 Pre study questionnaire results

Given the number and quality of problems associated with alphanumeric passwords, we conducted an online survey to obtain information about password construction techniques and different issues related to them. A total of 150 participants took part in the survey, which included the 115 participants of our usability study. A web based questionnaire was used to obtain data on different aspects of user behavior and perceptions in context of the use of alphanumeric passwords. The framework of the survey was developed using Grounded theory [15]. The framework provided a step by step methodology (Fig 3): (1) identifying the key points of the survey; (2) categorizing the key points depending on the factors influencing them; (3) parameters or concepts to be examined under each category; (4) explanation of the results (qualitative data) to draw conclusions.

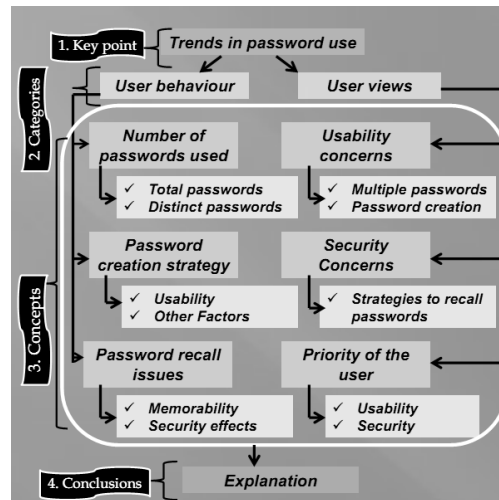


Fig. 3. Grounded theory framework for pre-study survey

The results of the survey revealed that participants used as many as 4-6 passwords in their day to day lives. This result enabled us to make the choice of using 4 graphical passwords with our sample users for the usability study. In context to the password creation strategy, of almost 600 responses: 71.2 % reported using similar passwords for all web accounts; 54.4 % used passwords that could be linked to their personal likings. The users felt that having similar passwords across all accounts aids their memorability. The results also demonstrated that 80% of the participants forget their passwords, either due to the strategy used to aid memorability, or constraints imposed by the system while creating alphanumeric passwords. The results of the survey are in line with the findings of similar research reported in [1]. Thus we can confirm that the sample population used for usability studies has the same password behaviour as reported in other studies. Hence, the sample would represent an accurate reflection of the general population.

5.3 Effectiveness results

Our first planned analysis compares the effectiveness of the different image types used as password. We analyzed the data from week 2 to week 8. We eliminated the data from week 1, as it was considered a training week, where participants would get used to the system. The dependant variable average/mean login success percentage (for 7 weeks) for each of the conditions (image types) was normally distributed as assessed by the Shapiro-Wilk test. Levene's test indicated that the assumption of homogeneity of variance has not been violated ($F(3, 96) = 2.083, p = 0.108$). Given the use of the independent measures (between subjects) experimental protocol with four conditions and the normal distribution of the data, we chose One-way independent

measures ANOVA to examine statistical significance. The results of the ANOVA shows that there is a statistically significant difference between the conditions $F(3, 96) = 129.659, p < 0.01$. These indicate that the type of images used as password by the participants significantly affect the average successful login percentage. The effect size ($r = 0.83$, large effect) indicates that the effect of the images used as authenticator on the average successful login percent is substantial. The results of the Tukey post hoc tests revealed significant differences between all conditions ($p < 0.001$ for all tests) except between Mikon and Object ($p = 0.059$). Thus there was no significant difference between the effectiveness of Mikon and Object images.

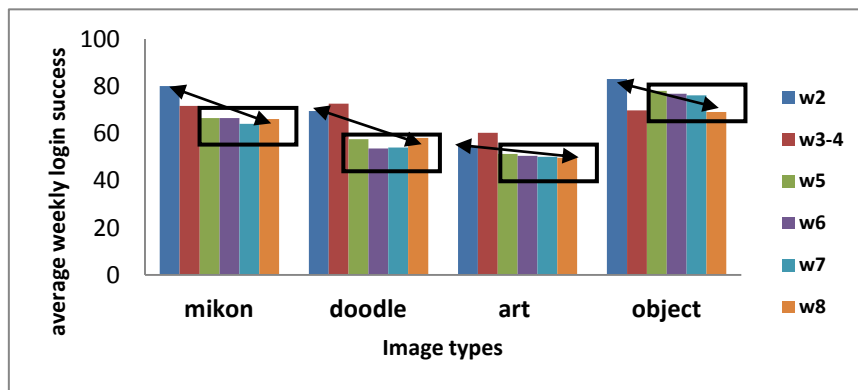


Fig. 4. Weekly login success percentage

We also analyzed the weekly login success percent for each of the image types (Fig 4). We found that the login success percentage for each of the image type falls from week 2 to week 8, as the frequency of usage of the passwords decreases. If we compare the average weekly login success percentage in week 2 and week 8 for each image type (shown by bidirectional arrows in Fig 4), it is found that they fall by 11.44 % in case of Mikon, 12.55 % in case of doodle, 7.74 % in case of art and 14% in case of object. The results of the study show that the average weekly login success percentages for Mikon, doodle and art passwords remain almost the same after week 4 (indicated using black rectangles). In case of object passwords the average weekly login success percentage remains almost same from week 5-7 but drops in week 8. Thus the decrease in memorability for the best performers i.e. Mikon and object are almost the same. Similar characteristic are shown by doodle passwords. In case of art passwords (lowest average login success percent), the difference is comparatively low which clearly suggests that people had problems remembering them in the initial as well as final stages of the study. This reflects that once the participants had used the passwords for a considerable amount of time i.e. at least for a month, memory interference does not hamper the memorability of the image passwords. The memorability of multiple image passwords after a considerable amount of time would depend on the encoding of the passwords in the human memory and frequency of their usage. A two-way ANOVA was conducted with week and image types as the two independent

variables. The dependant variable was average weekly login success percent. The week x image interaction was significant, ($F(15,576) = 6.102, p < 0.001$). This indicated that the average weekly login success significantly varied for each of the image types in different weeks.

5.4 Efficiency results

Efficiency is a measure of convenience: since a time consuming process will be a barrier, to the repeated use of the authentication system by the user.

Registration time

The mean registration time of the passwords (in seconds) for each condition is as follows: Mikon (mean: 72.18, SD: 5.48, SE: 1.17), doodle (mean: 75.40, SD: 4.27, SE: 0.88), art (mean: 84.44, SD: 4.91, SE: 0.99), object (mean: 70.61, SD: 3.84, SE: 0.76). We also find that the registration time decreases as users get used to the system in each of the conditions (registration time decreases from p1- first registered password to p4- last registered password) (Fig 5).

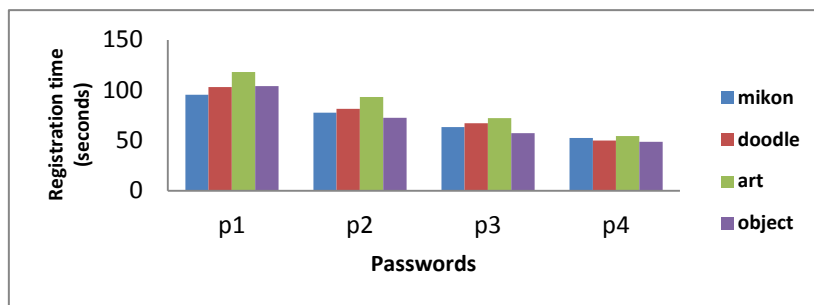


Fig. 5. Registration time for each password created in each condition

The mean registration time (of 4 passwords) for each of the conditions (image types) was normally distributed as assessed by the *Shapiro-Wilk test*. Levene's test indicated that the assumption of homogeneity of variance has not been violated ($F(3, 96) = 1.968, p = 0.127$). We used One-way independent measures ANOVA as the statistical test. The result of the ANOVA shows that there is a significant difference between the conditions ($F(3, 96) = 41.277, p < 0.001$). This indicates that the type of images used as a password by the participants affect the average registration time significantly. The effect size ($r = 0.78 > 0.5$ represents large effect) indicates that the effect of the images used as authenticator on the average registration time is substantial. The results of the *post hoc* tests revealed significant difference between all groups ($p < 0.05$) except Mikon-Doodle ($p = 0.091 > 0.05$) and Mikon -Object ($p = 0.658 > 0.05$). In other words, the differences between the average registration time of Mikon and doodle as well as Mikon and object passwords is not significant.

Authentication time

The average authentication time of the successful login (in seconds) for each of the conditions is as follows: Mikon (mean: 19.52, SD: 3.60, SE: 0.72), doodle (mean: 22.16, SD: 3.75, SE: 0.75), art (mean: 24.56, SD: 4.8, SE: 0.96), object (mean: 18.28, SD: 2.84, SE: 0.59). The average login time (of 7 weeks) for each of the conditions (image types) was normally distributed as assessed by the Shapiro-Wilk test. Levene's test indicated that the assumption of homogeneity of variance has not been violated ($F(3, 96) = 1.791, p = 0.124$). The results of the one way ANOVA shows that there is a statistically significant difference between the conditions ($F(3, 96) = 13.199, p < 0.001$). This indicates that the type of images used as password by the participants affect the average login time significantly. The effect size ($r = 0.61 > 0.5$ represents large effect) indicates that the effect of the images used as password on the average login time is substantial. The results of the *post hoc* tests revealed significant differences between all groups ($p < 0.05$) except Mikon-Doodle ($p = 0.091 > 0.05$) and Mikon-Object ($p = 0.658 > 0.05$). In other words, the differences between the average login time of Mikon and doodle as well as Mikon and object passwords is not significant.

5.5 Satisfaction results

According to the box plot in Fig 6, the satisfaction scores of objects range from 13-15 which is better than Mikons ranging from 12-14.5. The doodles have a range of 10.5-12 whereas art have a range of 8-10.5. Hence objects have the best satisfaction score distribution followed by Mikons. But the doodle and art images have inferior satisfaction scores.

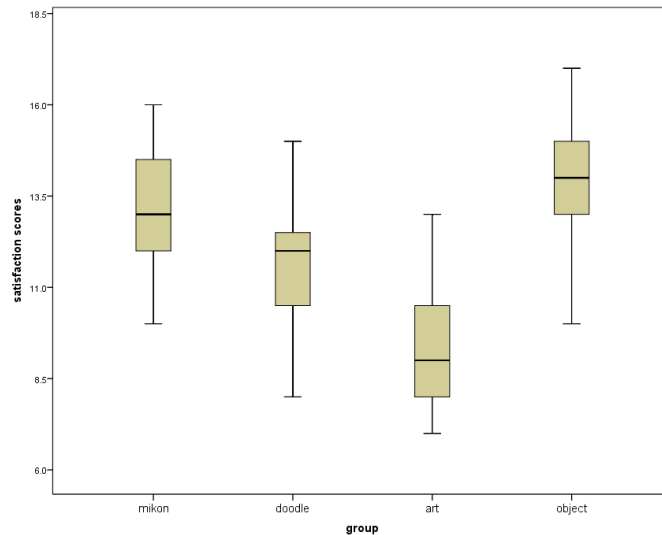


Fig. 6. Box plot for satisfaction scores

Given the ordinal scale of data (user ratings) and the independent measures (between subjects) experimental protocol with four conditions, we used Kruskal-Wallis test to establish statistical significance of data. The result shows that the satisfaction scores for each of the conditions were statistically significant [$H(3) = 52.37, p < 0.001$]. In other words, the satisfaction of the participants was significantly affected by the type of images used as password. We conducted a Mann-Whitney test to follow up our findings by applying a Bonferroni correction, to report all the effects at a 0.008 level of significance. The results reveal that the satisfaction scores were significantly different in all conditions ($p < 0.008$ for all tests) except for the Mikon-Object ($p = 0.156 > 0.008$). So we conclude that users are most satisfied with object and Mikon passwords (no significant difference), followed by doodles and least satisfied with art passwords.

5.6 Stress results

According to the box plot in Figure 7, the stress scores of objects range from 11-13 which is same as that of Mikons. The doodles have a range of 12-14, whereas art have a range of 13-16. Hence the art images have the highest stress score distribution closely followed by doodles. The object and Mikon images have the lowest stress score distribution.

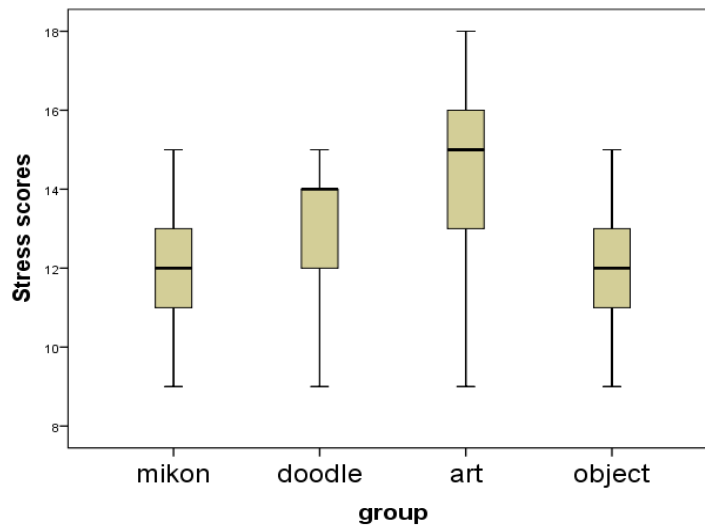


Fig. 7. Box Plot for stress scores

Given the ordinal scale of data (user ratings) and the independent measures (between subjects) experimental protocol with four conditions, we used Kruskal-Wallis test. The result demonstrates that the stress scores for each of the conditions were statistically significant [$H(3) = 23.314, p < 0.001$]. In other words, the stress scores given by the participants were significantly affected by the type of images used as password. We conducted a Mann-Whitney test to follow up our findings by applying

a Bonferroni correction, to report all the effects at a 0.008 level of significance. The results show that the stress scores were significantly different in all conditions ($p < 0.008$ for all tests) except for Mikon-Object ($p = 0.32 > 0.008$). Hence we conclude that art images are most stressful to use, followed by doodles, whereas Mikons and objects (no significant difference) are least stressful to use.

5.7 POST STUDY QUESTIONNAIRE RESULTS

Rate images: In the post study questionnaire the participants were asked to rate the image types on a scale: will use, not sure and never use. We find most of the Mikon (17/25) and object (20/25) users would like to use these images as passwords in the future. The art users (17/25) disliked these images to be used as password and the doodle users had a split opinion.

Strategy used for password creation: The participants were asked to provide information on the strategy/method they used to create their passwords (Fig 9). The results reveal that most Mikon and doodle users either used a story/pattern to remember their passwords or they chose passwords according to their personal likings (Fig 8). Most art users chose passwords either based on their personal likings- favorite color, objects, scene or visual and aesthetic quality of the images i.e. attractiveness. But, these strategies for creating memorable passwords may either make them guessable to an intruder who knows the user quite well, or could be disclosed and thus shared with ease.



Fig. 8. A Mikon password created using pattern strategy.

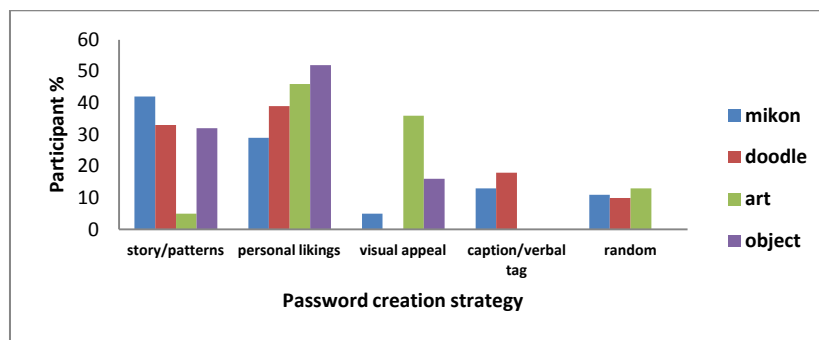


Fig. 9. Strategy employed to create image passwords

Recording passwords: None of the participants said they made an attempt to record their passwords but almost 84 % of the participants who used art passwords, 68 % of doodle users, 36% of Mikon users and 32% of object users reported that they might use screen captures, sketches or notes (written descriptions) to store their image passwords.

6 Discussion

This is the first study that compared the usability of multiple image passwords using 4 different images types- Mikon, doodle, art and objects in RBGS. The use of different experimental framework, dependant variables and image types in [11, 12] makes it difficult to allow systematic comparison of our results with them.

Our findings show that the effectiveness of graphical passwords is significantly affected by the type of images used. In this context, the results show that the mean login success percentage is highest for objects, closely followed by Mikons, then doodles and lowest for art images. According to the cognitive studies, dual coding theory [5] and guided search process [16], an elaborative encoding of an image in human memory makes it memorable. Thus, an image which is easily associated with a name (nameable) or can be interpreted in a meaningful way is likely to be more memorable due to superior encoding in human memory. In this context, mean scores of the sat 3 parameter (meaningfulness of the image) is: highest for objects (3.65/5); closely followed by Mikon (3.5/5); then doodles (2.8/5); lowest for art images (2.14/5). Thus we find that the results of the satisfaction parameter are in line with the mean successful login percentage. Hence the higher memorability of the object and mikon images can be attributed to the fact that users find these images meaningful and easy to associate with something. The doodle images are black and white line drawings and do not convey much meaning to aid memorability. Hence these images may not be encoded in an elaborate way in the human memory. The art images were very difficult to remember because according to the users, it was not only difficult to associate them with something meaningful but they were visually complex, containing a lot of information and color which would lead to information overload in memory. This complements the work reported in [17] which suggested that visual complexity of an image is linked to the ease of associating it with a name. The work has indicated that it is difficult to assign names to visually complex images. The results also reveal that the mean registration time is: lowest for objects; closely followed by Mikons; then doodles; highest for art images. In this context, the mean scores of the sat 1 parameter (ease to register) are: highest for objects (3.24/5); closely followed by Mikons (3.12/5); then doodles (2.85/5); lowest for art images (2.45/5). Thus the qualitative data obtained from the participants through the questionnaire complement the mean registration time obtained from the online study. These results can be attributed to the fact that users find it difficult to choose meaningful images in case of doodle and art, which they could use as passwords. The authentication time follows the same trend as that of the registration time: lowest for objects; closely followed by Mikons; then doodles; highest for art images. The mean scores for the sat-2 parameter

(ease to authenticate): highest for objects (3.56/5); closely followed by Mikons (3.36/5); then doodles (2.95/5); lowest for art images (2.45/5). Thus the mean scores of the sat 2 parameter complement the results of the login time data obtained from the online study. The above discussion suggests that the effectiveness and efficiency results complement each other. So we can conclude that images which are meaningful or can be associated with something easily are: effective in the sense of being memorable; efficient i.e. less time consuming to employ. This conclusion is also supported by the mean satisfaction scores obtained through the questionnaires: highest for objects (13.91/20); closely followed by Mikons (13.16/20); then doodles (11.8/20); lowest for art images (9.24/20) and mean stress scores: lowest for objects (11.87/20); closely followed by Mikons (12.2/20); then doodles (13.12/20); highest for art images (14.66/20).

7 Conclusions and Future work

We have presented the first study with 100 participants over a period of 8 weeks to compare the usability: mean success percentage for 7 weeks; mean registration and login time; the qualitative data i.e. participant's opinion (satisfaction as well as stress), of multiple image passwords using 4 different image types- Mikon, doodle, art and objects. The results of the study revealed that object and Mikon passwords performed best in each of the usability criteria compared to doodle and art passwords. So we conclude that meaningful or easily nameable image types are most usable when multiple graphical passwords are used. The experimental design in our study is: valid, it answers our research question through the data we collected for each measure; reliable, it can be reproduced by the research community; most importantly, such a study for the stated research problem has not been conducted in the past. In terms of improvement, the same study could be reproduced with a user-group other than students. The post study questionnaire results demonstrate that most people chose password images either by making a pattern/story or something which is related to them. These results underscore the need to examine, whether passwords created by using patterns aid memorability, when multiple graphical passwords are used and assess the ease of employing such a strategy these different image types. The results suggest that though meaningful images would aid usability when multiple graphical passwords are used, users may engage in insecure coping mechanisms like recording them through digital or non digital media. So in our ongoing work, we are investigating the vulnerability of image passwords to user descriptions (non digital attempt to describe the images by writing them or verbally communicating them). We also find that the statistical analysis alone does not unambiguously identify the most suitable image type to be used for graphical password. In our ongoing work, we are developing a framework that would help quantify the usability value for each image type, taking into account qualitative as well quantitative data obtained for all criteria from the experiment.

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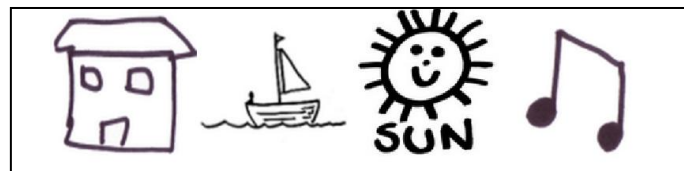
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Appendix



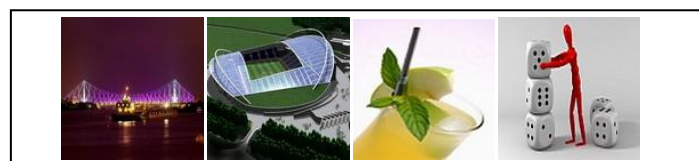
Sample Mikon password



Sample doodle password



Sample art password



Sample object password